

MICHAEL JOSEPH

CHOREOGRAPHER • TEACHER • DANCE ARTIST • DANCE FILM MAKER



CURRICULUM VITAE AT A GLANCE

MA in Dance Professional Practice Grade: 6 2:1 Middlesex University	2020
Dance Tutor - University of Bedfordshire	2019
Curve Theatre/DMU Summer School	2019
Curve Theatre CYC Master Class	2019
RAD/Tavaziva Journeying Between Projects I & II	2018 - 2019
Boys Class Planning Workshop Middlesex University London	2018
RAD Step into Dance Company Leader Street Dance	2017 - 2019
Wright-ing the Somatic Symposium fusion Workshop Middlesex University	2016
Inclusive Community Dance Officer at Para Dance UK	2016 - 2019
Choreographer/Editor for SOE Where is Home?	2016 - 2017
Choreographer for SOE Co-Mission Choices and Consequences	2015
Street Dance 4 Boys – Hot House Dance	2012 - 2019
Visiting Lecturer - University of Bedfordshire	2010 - 2018
Featured Dance Artist 24 Hours Fudge & The Frequency Video	2014
Artistic Director Once upon a Time in Watford Big Dance	2014
Featured Dance Artist on ITV's Mr Selfridge Season 3	2014
The Place Summer School Hurricane Boys Contemporary Hip Hop	2014
What Are Words Worth...? – Solo Performance for Move Hitchin Festival	2014
Flip The Script Youth Facilitator	2013
Artist/Choreographer for Get Dancing (Dance Film) – Staffordshire	2011 - 2012
Artist in Residence - the hat Factory Luton	2009 - 2011
Escalator Artist, Arts Council England	2009 - 2010
Dance Tek Warriors (Choreography - Michael Joseph) placed on GCSE Dance Syllabus Set Works	2010
Board Member Dance Digital	2009 - 2010
Assistant Artistic Director/Rehearsal Director/Soloist Dancer	
Choreographer/Teacher/Camera/Editor with Union Dance	1985 - 2008
English National Opera and Royal Opera House (Dancer/Actor)	1985 - 1991

Film/Video and Camera Training

Arts Council Dance for The Camera Traineeship ('Exit' and 'Reunion')	1998
Aaton Camera Course	1999
Panico Film Course	2000

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Independent Films/Video/Editor

Bodywork Outreach Show (Camera/Editor)	2020
Fusion UoB/Dance East Choreographic Project (Camera/Editor)	2019
Comberton Village College Summer Showcase (Camera/Editor)	2019
Comberton Village College Spring Showcase (Camera/Editor)	2019
Comberton Village College Activities Week (Camera/Editor)	2018
Comberton Village College Summer Showcase (Camera/Editor)	2018
Comberton Village College Spring Showcase (Camera/Editor)	2018
Comberton Village College Activities Week (Camera/Editor)	2017
Comberton Village College Summer Showcase (Camera/Editor)	2017
Comberton Village College Spring Showcase (Camera/Editor)	2017
Comberton Village College Spring Sharing (Camera/Editor)	2017
Where is Home? State of Emergency Ltd (Editor)	2016
Comberton Village College Summer Showcase (Camera/Editor)	2016
Comberton Village College Spring Showcase (Camera/Editor)	2016
Comberton Village College Winter Showcase (Camera/Editor)	2015
Prelude Love Won't Die State of Emergency Co-Mission (Camera/Editor)	2015
What if...? State of Emergency Outreach Project (Camera/Editor)	2015
Comberton Village College Activities Week (Camera/Editor)	2015
Comberton Village College Summer Showcase (Camera/Editor)	2015
Comberton Village College Spring Showcase (Camera/Editor)	2015
Comberton Village College Spring Sharing (Camera/Editor)	2015
Words...what are they worth? (Camera/Editor)	2014
Comberton Village College Winter Showcase (Camera/Editor)	2014
Comberton Village College Summer Showcase (Camera/Editor)	2014
Comberton Village College Activities Week (Camera/Editor)	2014
'Resolve' Choreographer Garry Benjamin (Camera/Editor)	2014
Comberton Village College Spring Showcase (Camera/Editor)	2014
Comberton Village College Winter Showcase (Camera/Editor)	2013
'The Shard Visit' (Camera/Editor)	2013
'Terry's 80 th ' DVD (Camera/Editor)	2013
Garden City Academy Dance Film (Camera/Editor)	2013
'Resolve' Choreographer Garry Benjamin (Work in Progress)	2013
'...and then there were 3hree' Get Dancing Project Staffordshire	2012
'Lesson with The Master' Chisenhale Dance (Camera/Editor)	2011
'Inversion Series I - IV (Ramblings of an Old Man)	2010
'Ramblings of an Old Man' DVD (Camera/Editor)	2009
'Essence of Unity' KeeleySue DVD (Camera/Editor)	2009
'The Crew' Dance Physics Hip Hop Jam (Editor)	2008
'DanceFest' Dance Physics Summer School Show (Editor)	2008
'Structure Unknown' Malta Dance/Summer Course (Camera/Editor)	2008
'Suburb-Attack' Camera/Editor (Dance Physics)	2008
'Inversion^Circulation' (One Minute Wander)	2005
'Inverse^Rotate' (One Minute Wander)	2005
'Inverse^Reverse' (One Minute Wander)	2003
'Inversion^Excursion' (One Minute Wander)	2002

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Films/Video/Editor (Union Dance)

'Heaven on Earth' DVD	2008
'Permanent Revolution V2R' DVD	2008
'Dance In House' DVD	2008
'Dance Tek Warriors' DVD	2008
'Tower of Atonement' DVD	2007
'Standing Bye' DVD	2007
'Heaven on Earth 2/5 Minutes Showreel	2007
'Energise' Queens Park Community School/Union Dance	2007
'For Reasons Unknown' Lancaster & Morecambe Film Project (Editor)	2007
'Let Us Dance' Summer Camp DVD	2006
Holland Park Multi-Media Project	2006
'Shifting Solo'	2006
'ICA DIY 7'	2005
'Utilise' gDA/Laban Multi-Media Project	2005
'Sensing Change' 2/5 Min Showreel	2005
'Red-defining Spaces'	2004
'Veils in Movement'	2004
'Stealth fire, B-Boys desire' making of B-Boy's piece	2003

Training

Leicestershire County School of Dance - Peter W. Kyle	1981
RAMBERT SCHOOL OF BALLET AND CONTEMPORARY DANCE	1982 - 85
Dance Theater of Harlem School	1985
Yoga Course with International Workshop Event	1997
Ken Swift Pioneer B Boy Course	2007
First Aid St John Ambulance with Interaction MK	2012
Introduction to Adult/Child Protection	2014
Channel General Awareness Module College of Policing	2016
Wheelchair Dance Sport Association Level 2 Instructor	2016
Emergency First Aid at work – Surrey First Aid Training	2017
Injury Prevention, Treatment and Working Environment – Bodywork DS	2019
Social Media Awareness – Bodywork DS	2019
Safeguarding in Education – Bodywork DS	2019
General Teaching Practice – Bodywork DS	2019

skills

B Boying (Breaking, Popping & Locking)
Contemporary Dance
Capoeira/Martial Arts
Gymnastics
Ballet
Yoga
Skateboarding
Roller Blading/Roller Skating

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Choreographers I have worked with professionally include

Caroline Pope
Rafael Bonachela
Colin Poole
Bill T Jones
Doug Elkin
Jacob Marley
Vincent Mantsoe
Laurie Booth
Jawole Willa Jo Zolla (Urban Bush Women)
Derek Williams
Eduardo Rivero
Isabelle Bustos
Quinny Sachs
Ross McKim
Bunty Mathias
Greta Mendez
Claude Paul Henry
Bawren Tavaziva
Terry Gilbert
Sheila Falconer
Jon Smart
Kate Flatt
Corrine Bougaard

Choreography

'It Takes 2' Street Comberton Village College	2020
'Glad Away' Junior Response Comberton Village College	2020
'Fluid in Flight' Motus - Milton Keynes	2019
'Bury a Hole' Junior Response Comberton Village College	2019
'Alex in Wonderland' Street Comberton Village College	2019
'Journeying Between – HERE! RAD/Tavaziva Project	2019
'Flashdance' Street Comberton Village College	2019
'Sucker Punch' Junior Response	2019
'Kaleidoscope' Junior Response Comberton Village College	2018
'Move' Street Comberton Village College	2018
'Wild Horses' Junior Response Comberton Village College	2018
'Journeying Between RAD/Tavaziva Project	2018
'R.E.M. Dream-Mare' Senior Response Comberton Village College	2017
'Fun!' Junior Response Comberton Village College	2017
'Swerve' Street Comberton Village College	2017
'Wushu 4' Senior Response Comberton Village College	2017
'Breathing Underwater' Junior Response Comberton Village College	2017
'Rumble' Street Comberton Village College	2017
'I Won't Complain' Senior Response Comberton Village College	2016
'Sledgehammer' Junior Response Comberton Village College	2016
'Mannequin Mix' Street Comberton Village College	2016
'Deadly Se7en' Senior Response Comberton Village College	2016
'Starlings' Junior Response Comberton Village College	2016

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'House' Street	Comberton Village College	2016
'Different Dancer'	Senior Response Comberton Village College	2016
'Brave Man'	Junior Response Comberton Village College	2016
'Grow'	Ballet Comberton Village College	2016
'4...3...2...1'	Street Comberton Village College	2016
'Where is Home?'	State of Emergency Ltd	2016
'Surprise Yourself'	Activities Week Comberton Village College	2016
'Starlings'	Junior Response Comberton Village College	2015
'The Beast'	Senior Response Comberton Village College	2016
'House Summer Mix'	Junior Street Comberton Village College	2016
'Choices and Consequences'	Co-Mission State or Emergency	2015
'Flowing Sea'	Children Youth Dance The Place London	2015
'Like A River'	Activities Week Comberton Village College	2015
'The Whisperer'	Activities Week Comberton Village College	2015
'Flashlight'	Activities Week Comberton Village College	2015
'The Sea'	Junior Response Comberton Village College	2015
'A Fifth of Beethoven'	Senior Response Comberton Village College	2015
'Bodyache'	Ballet Comberton Village College	2015
'What you know?'	Junior Street Comberton Village College	2015
'Ninja!'	Junior Response Comberton Village College	2015
'Nebula'	Senior Response Comberton Village College	2015
'Solo Dancing'	Ballet Comberton Village College	2015
'Uptown Funk'	Junior Street Comberton Village College	2015
'Photograph'	Activities Week Comberton Village College	2014
'I'm A Mess'	Activities Week Comberton Village College	2014
'Even My Dad Does Sometimes'	AW Comberton Village College	2014
'Aeroplane'	Response Junior Comberton Village College	2014
'Run'	Response Senior Comberton Village College	2014
'Don't Care'	Mixed Junior Street Dance Comberton Village College	2014
'Video Games'	Ballet Comberton Village College	2014
'Split The Atom'	Hurricane Boys The Place London	2014
'Fly Away'	Year 10 GCSE Dance Comberton Village College	2014
'Dark Horse'	Mixed Junior Street Dance Comberton Village College	2014
'Too Close'	Ballet Comberton Village College	2014
'All I want'	Red Cross Response Comberton Village College	2014
'Swan Break'	Response (Gifted & Talented) Comberton Village College	2014
'Little Me'	Year 10 GCSE Dance Comberton Village College	2014
'Get Down Low'	Street Dance Year 7/8 Comberton Village College	2014
'Lux'	Ballet Comberton Village College	2014
'Contact'	Response (Gifted & Talented) Comberton Village College	2013
'At Last'	Year 10 GCSE Dance Comberton Village College	2013
'Break & Dance'	Mixed Street Dance Year 7/8 Comberton Village College	2013
'Zombified'	Response (Gifted & Talented) Comberton Village College	2013
'Sky Fall 2'	Year 11 Comberton Village College	2013
'Geekin'	Mixed Street Dance Year 7/8 Comberton Village College	2013
'Sky Fall'	BTEC Year12/13 Ballet Barnwell School	2013
'Wearing My Rolex'	BTEC Year12/13 Urban Dance Barnwell School	2013
'Yeah Yeah'	Mixed Street Dance Year 7/8 Comberton Village College	2013
'The Days'	Response (Gifted & Talented) Comberton Village College	2013
'Heat Wave'	Mixed Street Dance Year 7/8 Comberton Village College	2012

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'Just Be' 6 th Form Enrichment Comberton Village College	2012
'Back & 4 th 'Response (Gifted & Talented) Comberton Village College	2012
'Chamada' BTEC Year12/13 Urban Dance Barnwell School	2012
'Just Be You' BTEC Year12/13 Ballet Barnwell School	2012
'Ariel' Impact Dance Group Get Dancing Project Staffordshire	2012
'Grace' Lichfield Youth Dance Get Dancing Project Staffordshire	2012
'Take5' South Staffordshire College Get Dancing Project Staffordshire	2012
'Oscen (Song Bird) DeeGee's Get Dancing Project Staffordshire	2012
'Get Go' Burton Boys Collective Get Dancing Project Staffordshire	2012
'Toy Story Mix' Mixed Street Dance Year 7 Comberton Village College	2012
'How 2 Save a Life' Year 10 Dance Leaders Comberton Village College	2012
'She Ain't You' BTEC Year 12/13 Barnwell School	2012
'Swan Fake' BTEC Year 12/13 Barnwell School	2012
'Mixed Up Mix' Mixed Street Dance Year 7 Comberton Village College	2012
'Sweet Dreams' Dance Leaders Yr 10 Comberton Village College	2012
'Thriller' (Michael Jackson & Michael Peters) Barnwell School	2011
'Au Revoir' (Ballet Duet) Barnwell School Stevenage	2011
'Slipstream' Year 3 University of Bedfordshire	2011
'Lock & Load' Year 12/13 BTEC Barnwell School	2011
'Don't Stop The Rock' B Boys Barnwell School	2011
'Whip it' Year 12/13 BTEC Barnwell School	2011
'Rough Cuts' Boys' Dance Class Comberton Village College	2011
'No rhyme no reason' Boys' Dance Class Comberton Village College	2010
'Mash up 4' B boys at Barnwell School Stevenage	2010
'Ramblings of an Old Man' (the hat Factory Luton 14 th May)	2010
'Gentle Men' MITP Malta (with Douglas Comley)	2010
'Are you right, and I'm wrong?' Contact Dance Co. Malta (Revised)	2010
'Ramblings of an Old Man' (work in progress)	2009
'Ching' NRG (DanceDigital) SummerBlast/Kaleidoscope	2009
'Auto e: motion' InPulse (DanceDigital) SummerBlast	2009
'Bombay Reels' Shift: North (DanceDigital) SummerBlast	2009
'Scorpio/Dance for Life' B boys Barnwell School Stevenage	2009
'Double Up' Junior Youth Group at Paddington Arts Centre	2009
'Five:30 Freak Out' Senior Youth Group at Paddington Arts Centre	2009
'Repeddition' HYDC InPulse (DanceDigital)	2008
'Bombay Reels' Shift: North (DanceDigital)	2008
'Stay in Line' B-boys at Barnwell School	2008
'Termination Shock' with Joyce Gymiah (Dance Physics)	2008
'Poetic Decorum' Union Too collaboration & National Portrait Gallery	2008
'Angelic Fury' (with Garry Benjamin & Corrine Bougaard) Union Too	2008
'Pre-emptive Strike' Swindon Dance (Dance Physics)	2008
'The Knowledge' Dance in Herts HYDC Youth Group (Essexdance)	2008
'One Blood' Union collaboration with Wellcome Trust & St. Paul's Way Community School	2008
'Discommotion' V&A Museum Couture Event for Impact Artists	2007
'Standing Bye' Union Too collaboration with National Portrait Gallery	2007
'Celestial Dawning' (with digital projection) Union Dance Company	2006
'Are you right, and I'm wrong?' Contact Dance Co. Malta (Revised)	2005
'Summer's Cool' (with G. Benjamin, W. Thorburn, G. Martin & R. Voon)	2005
'Always outnumbered but never outdone' (With W. Thorburn) Yately	

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School of Performing Arts	2005
'Are you right, and I'm wrong?' Contact Dance Company Malta	2004
'FourFireSquareDance' (with Corrine Bougaard) Henley Festival	2004
'Bouncin' with it - like a bomb' Will Thorburn Garry Benjamin & Galia Delgado	2004
'Pure Energy' Paddington Arts Group	2003
'Rhythmic Child' (with G. Benjamin) Christ's School Richmond	2003
'Hip Hop Flavaz' film/choreography (with Garry Benjamin & Susanna Cole)	2003
'Olas en las Manos' ('Wave of the Hand') (with Garry Benjamin) Barcelona Youth Group	2003
'Harlem Shake' (with Garry Benjamin) St. George's R.C. School	2003
'Focus-Sin' (digital video with Susanna Cole) GDA Boys only group	2003
'Stealth fire B-boys desire' (with Garry Benjamin) Boys only group	2003
'Wai'tikibuli' (with digital video) The Mission Tour	2003
'An Endless Destiny' Eusebia & Company	2002
'Zenith & Nadir' (with digital video projection/live feed) Union Dance	2001
'Body Synchrony' (digital documentary) Union Too	2000
'Untitled '99' Jackson Pollock Exhibition Collaboration with Union Too Youth Group and Tate Britain	1999
'Indie Yarn' Video Promo	1998
'20 x' Union Too (London Palladium)	1998
'Going, going...done" 2nd Year HND students in Newcastle	1998
'I ka Nyé Tan' (with digital video) Nubian Steps	1997
'Mass Equilibria in The Sea of Tranquillity' (super 8 film projection) Union Dance Company	1997
Theatre Piece Black Mime Summer School	1996
Theatre Piece Black Mime Summer School	1995
'Gott 2 Have Sole' (Hi-8 projection) ADAD Platform	1995
'Skavoovee' Birmingham Youth Group	1994
<u>Independent Teaching</u>	
Youth Dance Company DanceDigital - Herts	2016

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Dance Tek Warriors Workshop Nobel School Stevenage	2015
Dance Tek Warriors Workshop Ashcroft High School Luton	2015
Youth Dance Company DanceDigital - Herts	2015
Children Youth Dance The Place London	2015
The Da Vinci Studio School of Creative Enterprise	2015
Hurricane Boys Summer School The Place London	2014
Box of Frogs Theatre School (Dance) Letchworth	2014
Street Dance Street Style Surgery Quorn Leicestershire	2014
Dance Tek Warriors Workshop Gable Hall School Corringham	2013
Flip The Script Youth Worker Facilitator Bracknell Dance & Film	2013
Hot House Dance Street Dance 4Boys	2012 - 2015
Dance Tek Warriors Workshop Hertswood School Borehamwood	2013 - 2014
UoBeats Evening School University of Bedfordshire	2012
Dance Tek Warriors Workshop South East Dance	2012
University of Bedfordshire (Visiting Lecturer)	2010 - 2019
UKCCA Capoeira Brazilian Dance Workshops	2011 - 2014
Pair Dance (Creative Learning)	2009 - 2011
Barnwell School Stevenage	2009 - 2013
Comberton Village College	2009 - 2015
The Leys School Cambridge	2010 - 2013
Anglia Ruskin University	2010 - 2015
Dance East	2009
Swindon Dance	2009
Barnwell School	2009 - 2013
Inter-Action MK	2009 - 2012
HYDC InPulse/HJDC Shift: North for DanceDigital – Herts	2009
NRG for DanceDigital - Herts	2009
Chisenhale Dance Space	2008
Epping Forest Arts (Dance Physics)	2008
Swindon Dance (Dance Physics)	2008
HYDC InPulse/HJDC Shift: North for DanceDigital – Herts	2008
Bishops Hatfield Girls School (Dance Diversity Workshop)	2008
Royston Summer School (North Hertfordshire College)	2008
Street Dance for All (North Hertfordshire College)	2008
Paddington Academy (Dance Physics)	2008
Malta (Contact Dance Company)	2004 - 2005
Danceworks Professional Contemporary Classes	1993 - 1995
Islington Council Youth Dance Company	1993
Crawley Adult Jazz Classes	1993
Pimlico Youth Dance Group	1993
Stuart Thomas Jazz Boogie Contemporary Classes	1993
Battersea Arts Centre – Open Jazz Classes	1991 - 1992

Teaching (Union Dance)

Union Dance Company (Schools, Colleges, Youth Groups)	1985 - 2008
Easter Courses & Summer Schools	1994 - 2008
Greenwich Dance Agency	2003 - 2007
Summer Camp Birmingham	2006

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Barcelona (Dies de Dansa & La Merce)	2003/04
Malta (Contact Dance Company)	1999 - 2010
South American Tour	1994
Islington Council	1993

Dance Productions (Dancer)

State of Emergency

Mission Possible Autumn tour	2009
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Union Dance

Soloist Dancer	1985 - 2008
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English National Opera - London Coliseum

Orpheus in The Underworld Choreographer - Terry Gilbert	
Director - David Poutney	1985/87
Faust Choreographer - Shelia Falconer/Director - Ian Judge	1985
Carmen	1987/88
Tosca	1998
Rusalka	1991
Salome	1991
Love of Three Oranges	1989/90
Don Carlos	1985
Katya Kabanova	1985

London Coliseum

Firebird - Dance Theater of Harlem (Extra)	1986
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Royal Opera House London

Gala for the Birds (World Wild Life Fund) Choreographer - Claude Paul Henry/Producer - Andrew Lloyd Webber	1991
Turandot (cover) Choreographer - Kate Flatt	1986

The Roundhouse London

'From Coffee Beans to Disinfectant' Choreographer - Greta Mendez	1989
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I.C.A Pall Mall London

Soho Poly Opera - Emissori Rites (Dancer & Singer) Choreographer - Corrine Bougarrd/Director - Sue Dunderdale	1991
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Commercial, Film and Video work (Dancer)

24 Hours (No Sleep) Fudge & The Frequency (Freestyle Dancer)	2014
Mr Selfridge Season 3 Choreographer Caroline Pope	2014
'The Jones' - Temptations UK Remix Video Choreographer - Clive Clark	1992
'Stay This Way' - Brand New Heavies Video (Freestyle Dancer)	1992

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Chaplin Film (Dancer and Extra) Director – Richard Attenborough	1992
Princes Youth Business Trust Fashion Show NEC Birmingham (Dancer and Model)	1992
Galleria Summer Fashion Show Hatfield (Dancer and Model)	1992
Tesco Summer Wear Fashion Show	1991
Sinitta Radio 1 Road Show	1991
'Love and Affection' - Sinitta Video	1990
Fiesta Car Trade Show Wiesbaden Germany Choreographer George May	1990
'One Love' - Romy and Jazz Video	1990
'You On My Mind' - Swing Out Sister Video	1989
'Got to Get You Back' – Kym Mazelle Video	1989
'Hey DJ' – Beatmasters Featuring Betty Boo Video	1989
'Deep Heat III Commercial	1998
'Living For You' - Joan Armatrading Video	1988
'Love And Money' – River Of People Video	1986
'Ain't Nothing But A House Party' – Phil Fearon Video	1986
'Reach For The Top' – Clive Griffin Video	1986
'Run For Cover' – Basia Video	1986
'Down The Wire - The Quick Video	1986
'Knights and Emeralds' Film (Dancer & Extra) Choreographer Quinny Sacks/Director Ian Emes/Producer/David Puttnam	1985
'Lyons Tetley Ready Break' Trade Show Choreographer – George May	1984

(Updated November 2020)

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